

Nuclear Gyromagnetic Ratios

Nuclei	Spin	Gyromagnetic Ratio/ 2π MHz/T
^1H	1/2	42.576
^2H	1	13.056
^3He	1/2	32.435
^7Li	3/2	16.546
^{13}C	1/2	10.705
^{14}N	1	3.0766
^{15}N	1/2	-4.3156
^{17}O	5/2	-5.7716
^{19}F	1/2	40.054
^{23}Na	3/2	11.262
^{31}P	1/2	17.235
^{87}Rb	3/2	13.931
^{129}Xe	1/2	11.84

Source: http://en.wikipedia.org/wiki/Gyromagnetic_ratio