



# What you need to know about **Cervical Cancer**

**Anyone with a cervix is at risk for cervical cancer.**

**13,000 women are diagnosed with cervical cancer each year in the U.S.**

**HPV (a sexually transmitted infection), smoking and HIV infection are all causes of cervical cancer.**

**Not everyone who has HPV will get cervical cancer.**

## **Everyone with a cervix should follow these screening guidelines:**

- **Ages 25-65:** HPV test every 5 years or a Pap test every 3 years.
- **Ages 65 and older:** Speak to your health care provider.

**8 in 10 people will get HPV at some point in their lives.**



## **Get the HPV vaccine!**

It protects against the types of HPV that can cause cervical cancer and 6 other cancer types (vulvar, penile, vaginal, anal, mouth, and throat). It is recommended for everyone through age 26, if they are not already vaccinated.

*Sources: American Cancer Society, National Cancer Institute, CDC*



## **January is Cervical Cancer Awareness Month!**

For more information about cervical cancer risk and screening guidelines, contact UPMC Hillman Cancer Center at **412-647-1809** or scan the QR code.



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